May all beings in the universe be at peace

Lokāḥ Samastāḥ Sukhino Bhavantu
WHAT IS HINDUISM?

Written by the Hindu Student Sangam

HISTORY OF HINDUISM

• Hinduism is the world’s oldest continuously practiced religion; its roots can be traced to the ancient Indus Valley civilization that flourished in modern-day India and Pakistan approximately 5,000 years ago.

• In addition to its spiritual and philosophical accomplishments, ancient Hindu civilization made important contributions to science, medicine, math, and technology.

• It is currently the world’s third largest religion after Christianity and Islam, with approximately 900 million adherents.

• India is the birthplace of Hinduism and most contemporary Hindus live there but substantial Hindu populations can also be found elsewhere in South and Southeast Asia, in Fiji and Trinidad, as well as in communities of Indian immigrants in the U.S. and Great Britain.

CENTRAL BELIEFS IN HINDUISM

• Hinduism is referred to as Sanatana Dharma. Sanatana means ‘Eternal’, and Dharma – has been translated as ‘Truth,’ ‘Religion,’ ‘Righteousness,’ and ‘Duty.’ However, these do not necessarily capture the essence of the term – Dharma is not just a set of beliefs, but is a way of life. In this way, Hinduism is not defined or restricted by a set of beliefs – rather, anybody who lives the dharma can be considered a Hindu.

• The idea of Sanatana Dharma holds that each religion is grounded in the same essential, universal truths, which are expressed differently to suit different people, cultures, traditions, and temperaments. From this comes a core belief in Hinduism – that ‘God’ can be reached through many different paths.

• This notion is not a modern understanding, but is a philosophical touchstone engrained in the foundation of the religion. It is reflected in the most ancient Hindu scripture, which states that “Truth is one, though people speak of it in many ways.” For this reason tolerance of other religions has been widespread, though not universal, among Hindus throughout history.

• At its core, Hinduism conceives of one God who is akin to a universal, attributeless, and all-pervasive spirit. This is to be understood as there being not one God, but only God – and that everything in His creation is an expression of Him – even us.

• However, the reason why we cannot perceive this universal essence is because we, as embodied beings, are subject to our own inherent ignorance, which causes the illusion that we are separate from God and from everything else. This is the source of the ‘ego,’ or sense of ‘self,’ or ‘I-ness.’
• The goal of religion and spiritual practice is to reestablish ourselves in our true identities—not as our bodies, minds, personalities, or ‘small selves’ which are limited and separate from God—but one with God’s essence. Our identities are not our bodies, minds, or personalities, but the consciousness underlying all of these, which is itself fundamentally no different from God.

**Practice of Hinduism**

• These philosophical principles of Hinduism are rooted in the experience of the ‘rishis,’ or sages and ascetics in ancient India who, through deep renunciation, introspection, and meditation inquired into the true nature of reality and their relationship with the universe.

• Their inquiries ultimately led them to perceive immutable and eternal divine truths of the universe and perceive their relationships with the ‘Divine.’ Therefore, Hinduism begins with certain questions – who am I? What am I? Where is God? What is God? What is my relationship to the universe?

• Hinduism holds that the answers to these questions are not restricted to the rishis, but accessible to all people – and from this comes the notion that we are not expected to accept these principles on faith and faith alone, but to actively test their conclusions and seek these answers through our own experience.

• These truths are not to be accepted, but experienced; “Religion is realisation, not talk, nor doctrine, nor theories, however beautiful they may be. It is being and becoming, not hearing or acknowledging; it is the whole soul becoming changed into what it believes. That is religion.” – Vivekananda

• If in our own experience, we do find anything discordant with tradition, we are free to reject it.

**Yoga**

• This union of our identities with the Divine is called moksha, or liberation – which signifies our freedom from our own egos and lower tendencies. The process by which this occurs is *yoga*, which literally means, union, or yoking.

• Yoga is not only postures and poses, but is actually defined as a set of spiritual practices which aim at annihilating the small ‘self’ and reestablishing one’s identity into the large ‘Self.’

• There are four general types of yoga:
  o Hatha yoga – which at the most superficial level is the ‘exercises’ we are all familiar with; it is truly a preparatory practice which leads the practitioner to…
  o Raja yoga -- Raja yoga can best be described as meditation. An ideal example would be the Buddha and His practice.
o Karma yoga: ‘the yoga of action.’ The notion is that one of the ways that we bind ourselves to our ego is by attaching ourselves to the fruits of our actions, and seeing them as our own. One way of cutting the bonds that tie us to our ego is by acting, but attributing their results to God and His will.

o Jnana yoga: the yoga of intellectual inquiry. The process of this is to intellectually inquire to distinguish between the ‘real,’ or what actually is, from the ‘unreal,’ or the manifested forms and dualities we ordinarily see. Through this process, we come to the realization that our ‘ego’s’ are unreal, and all that really is is GOD.

o Bhakti yoga: or the yoga of devotion. This yoga holds that developing pure, unselfish love toward God, for His own sake, is the key to transcending our own egos and reaching ‘liberation’ or ‘salvation.’
  ▪ Since God’s essential nature is indescribable, universal, and attributeless, it is difficult for most people to develop an intimate and personal relationship with it.
  ▪ In order to overcome this obstacle, Hindus worship representations of various aspects of the Divine, in the form of the various deities or incarnations

**TEXTS**

- Hinduism devises various different spiritual practices tailored to different personality types so that everyone can reach God – for this reason, Hindu teachings are recorded in several different types of scriptures:
  o Shruti: direct revelation to sages
  o Smriti: commentary on the revelation
  o Itihaasas and Puranas: stories that communicate Hindu teachings
OM, BHAJANS, AND MANTRAS

Written by the Columbia University Hindu Students Organization

“Om is not merely a chant or a recitation, a word or a part of human language but it is something more than all this. It is something which… exists not because it has a reference to anything else, but because it is something by itself. We do not create Om by a chanting of it, but we only produce a vibration sympathetic with the vibration that is already there by its own right and which is called Om. Om is a cosmic vibration. It is not a chant made by us, created by us or initiated by us. Why do we chant Om? To establish a connection between ourselves and that which exists by its own right and which manifests itself as a sound-vibration in the form of Om.”

Swami Krishṇānanda

Mantras

A mantra is a sacred syllable, word or verse, which is believed to have been revealed to the ancient rishis during deep meditation. When recited with devotion, concentration, and understanding, a mantra revitalizes the body and mind with metaphysical power. It is through prayer that one purifies his or her mind and gains spiritual strength.

Bhajans

When the Divine Name is sung by one self or in a group of aspirants, this is known as Bhajan. Either the repetition of the deities’ names or a description of their deeds can constitute a bhajan. The singing of Bhajans is said to include three different aspects – rāga (melody), tāla (rhythm), and bhāva (emotion). When all three are combined, genuine devotion through music is produced. Singing Bhajans is a powerful and unique method of recharging the subconscious with spiritual vibrations. Singing bhajans as a communal effort is a sacred devotional exercise. With several people singing about the Divine, the overall atmosphere is enveloped with positive, auspicious vibrations. All individuals partaking in this sacred act not only contribute to this environment, but also benefit from the serenity and uplifting ambiance.
INVOCATION OF LORD GANESH, LORD VISHNU, AND GURU

Agajaanana padmaarkam,
Agaجاानन पद्मार्कम्
Gajaananam aharnisham
गजाननम् अहनिशम्।
Aneka dantam bhaktaanaam
अनेकदन्तम् भक्तानाम्
Ekadantam upaasmahe
एकदन्तम् उपासमहे

We meditate, day and night on the one who is the son of the lotus-faced Parvati, the one with the elephant face, the one who is the giver of plenty to his devotees, the single-tusked one.

Shuklam Baradharam Vishnum
शुक्लाम्बरधरं विष्णुं
Shashi Varnam Chaturbhujam
शशशि्ं चतुभुजम्
Prasanna Vadanam Dyayet
प्रसन्नि वदनं ध्यायेत्
Sarva Vighnopashantaye
सर्व विघ्नोपशान्तये

We meditate on Lord Vishnu, who is clad in white (purity), is all pervading, is white like the moon, has four arms, and who has a serene countenance for the removal of all obstacles in our path.

Gurur Brahma Gurur Vishnu
गुरुर ब्रह्मा गुरुर विष्णु
Gurur Devo Maheswaraha
गुरुर देवो महेश्वरः
Guru Sakshat Parabrahma
गुरु साक्षात परब्रह्मा
Tasmai Shri Gurave Namaha
तस्मै श्री गुरवे नमः

Guru is the creator (Brahma), Guru is the Preserver (Vishnu), Guru is the destroyer (Maheshvara). Guru is verily the Supreme Absolute, homage to that Guru.
O Almighty! You are the giver of life, the remover of pains and sorrows, the bestower of happiness. O Creator of the Universe, may we receive the supreme sin-destroying light. May You guide our intellect in the right direction. (3x)

_I bow the to the Supreme Ātman, who is the form of Truth, Consciousness, and Bliss; who is a Being of Light; and who is the image of Universal Good._

May the components of Nature — the five elements; the planets; and the worlds; the musical notes; the directions; and time — cause perpetual good for us.

Our salutations to Bharata Mata whose feet are washed by the waves of the ocean, who is crowned by the snowy Himalayas, whose illustrious children have distinguished themselves as brahmarishis and rajarishis.
Lead me from unreal to real. Lead me from darkness to light. Lead me from mortality to immortality.

Let all be happy. Let all be free from diseases. Let all see auspiciousness in all. Let none suffer from grief.

That (Absolute Brahman) is Infinite. This (Manifested Brahman) is also Infinite. This Infinite has manifested from that Infinite. With Infinite being removed from Infinite, only Infinite remains.

Walk together. Talk together. Let your minds apprehend together, like the Devas concurred and accepted their portions of sacrifice.

Common be their prayer. Common be their receipt, purpose, and desire. I repeat for you their common prayer. I offer you a common oblation.
Common be your intention. Common be your hearts’ wishes. Common be your thoughts so that there may be union among you.

O Devas, with our ears may we hear that is blessed. With our eyes, may we see what is auspicious. With perfect limbs and bodies, may we enjoy the long lease on life granted by the Devas.

I do not desire a kingdom, heaven, or the end of rebirth. I only desire that all beings afflicted by misery become happy.

The principle of giving more than what we receive is the ideal for life.

O Almighty, fulfill this prayer of ours.

Om śāntiḥ śāntiḥ śāntiḥ ||
**SHLOKAS**

**Ganesha**
Vakratunda Mahakaaya
Surya koti samaprabha
Nirvighnam Kuru me deva
Sarva Kaaryeshu Sarvadaa

_O Lord Ganesha of a curved trunk, large body, and the brilliance of a million suns, please make all my work free of obstacles, always._

**Balaji (Venkateshwara) – Morning Prayer**

Kausalya Supraja Rama Purva Sandhya Pravartate
Uttishtha Narashardula Kartavyam Daivam Ahnikam
Uttishthottishtha Govinda Uttishtha Garudadhvaja
Uttishtha Kamalakanta Trailokyam Mangalam Kuru

_Rama! Kausalya’s auspicious child! Twilight is approaching in the East. Best of men (Purushottama)! Wake up, the divine daily rituals have to be performed. Govinda, wake up! Garudadhvaja (one who has Garuda on his flag)! Wake up. Kamalakanta (the husband of Kamala)! By rising, render the three worlds auspicious._

**Hanuman**

Manojavam Maruta Tulyavegam
Jitendriyam Buddhimataam Varishtham
Vaatatmajam Vaanarayutha Mukhyam
Shri Raamadutam ShirasaaNamaami

_I bow my head to him who is quick of mind, fast as the wind, the conqueror of the senses, the best among the wise, the son of Vaayu, chief of the monkey clan and the messenger of Shri Rama._

**Krishna**

Vasudeva sutam devam
Kamsa-Chanoora mardanam
Devaki parama-anandam
Krishnam vande Jagatgurum

_I do vandana (glorification) of Lord Krishna, the resplendent son of Vasudev, who killed the great tormentors like Kamsa and Chanoora, who is a source of greatest joy to Devaki, and who is indeed a world teacher._
Lakshmi
Karaagre Vasate Lakshmi कराणेवसते लक्ष्मी
Karamule Saraswati करमध्ये सरस्वती
Karamadhye Tu Govinda करमूळे तु गोविन्दः
Prabhaate Karadarshanam प्रभाते करदर्शनम्

Devi Lakshmi dwells at the top of the hand, Devi Saraswati dwells at the middle of the hand, and Sri Govinda dwells at the base of the hand. Therefore, one should look at one’s hands in the early morning and contemplate on them.

Namasthesthu Maha Maye नमस्तेस्तु महामाये
Sree peethe Sura Poojithe श्री पीठे सुरपूजिते
Sankachakra Gadha Hasthe शंकचक्र गदाहस्ते
Sri Maha Lakshmi Namosthute श्रीमहालक्ष्मी नमोस्तुते

I offer my worship to Maha Lakshmi, who symbolizes the great illusion and who is worshipped by all Devas. I worship Maha Lakshmi who resides in Sri Peetam and who carries a conch, a disk and club in her hand.

Omkaram
Omkaraam Bindu-Samyuktam ओँकारं बिन्दूसंयुक्तं
Nityam Dhyayanti Yoginah नित्यं ध्यायति योगिनः
Kaamadam Mokshadam Chaiva कामदं मोक्षदं चैव
Omkaaraaya Namo Namah = ओँकाराय नमो नमः

Salutations to Him Who resides In the Spiritual Heart Center as Omkara, On Whom the Yogis Constantly Meditate, who grants All desires and also Liberation to His Devotees. Salutations to Him, who is represented by syllable "Om"

Parvati (Gauri)

Sarva Mangala Mangalyai सर्वं मंगलं मांगल्ये
Shive Sarvartha Sadhike शिवे सर्वर्थ साधिके
Sharanye Trayambake Gauri शरणे त्रयम्बके गौरी
Naaraayani Namo-stute नारायणि नमोस्तुते

Adorations to Goddess who is the auspiciousness of all that is auspicious, who is the consort of Lord Shiva, who is the bestower of every desire of one’s heart. Adorations to You Devi, I have taken refuge in you.
**Rama**

By meditating on the name Rama, my mind gets absorbed in the Divine Consciousness of Rama, which is transcendental. The name of Rama is as great as the Thousand Names of Vishnu.

Apadam Aapahataram  
Dataram Sarva Sampadam  
Loka Bhi Ramam Sri Ramam  
Bhuyo Bhuyo Namamyaham  
Raamaya Raama Bhadraaya  
Raamchandraaya Vedase  
Raghunaathaya Naathaaya  
Sitaaya Pataye Namah

I bow again and again to Ram who removes all obstacles and grants all wealth and pleases all. Lord Sri Ram, the protector of all, one who knows all, the descendent of the Raghu dynasty, the husband of Sita and the Lord of the entire universe.

**Saraswati**

Salutations to Devi Saraswati, who is the Giver of boons and Fulfiller of wishes. O Devi, when I begin my studies, please bestow on me the capacity of right understanding, always.
Ya Kundendu Thushara Hara Thavala
Ya Shubra Vasthraanvirtha
Ya Veena Varadhandha Mandithakara
Ya Shwetha Padmasana
Ya Brahma Achyutha Shankara Prabruthibhir
Devai Sadha Pujitha
Samaampaatu Saraswati Bhagavathee
Nishyesha Jadya Paha

Salutations to Devi Saraswati, who is pure white like jasmine with the coolness of the moon, brightness of snow, and shine like a garland of pearls; who is covered with pure white garments, whose hands are adorned with the veena and the boon-giving staff and who is seated on pure white lotus; who is always adored by Lord Brahma, Lord Acyuta, Lord Shankara, and other Devas. O Goddess Saraswati, please protect me and remove my ignorance completely.

Shiva

Om Trayambakam Yajamahe
Sugandhim Pushtivardhanam
Urvarukamiva Bandhanan
Mrityormukshiya Mamritat

We meditate on Shiva, the three-eyed one, of sweet fragrance, who helps us grow spiritually. Like the fully-ripened cucumber (is easily snapped) from its stem, may I be free from the bondage of death. May I not be without the nectar of immortality.
Om Namaste Astu Bhagavan
Vishvesharaya Mahadevaya
Trayambakaya Tripurantakaya
Trikagni-Kalaya, Kalagni-Rudraya
Nil-Kanthaya, Mrityunjaya
Sarveshvaraya Sadashivaya
Sriman Mahadevaya Namah

Meaning: I bow down to Lord Shiva, who is the creator and protector of the universe, who is the greatest among gods, who has three eyes, who is the annihilator of all the three worlds, one whose throat is blue, who is the conqueror of death, who is the Lord of all, who is propitious who is possessed of all marks of greatness and who is the greatest among Gods. To him my prostrations.

Vishnu

Shaantakaaram Bhujaga-Shayanam
Padma-Naabham Suresham
Vishvaadhaaram Gagana-Sadrsham
Megha-Varnna Shubha-Anggam
Lakssmii-Kaantam Kamala-Nayanam
Yogibhir-Dhyaana-Gamyam
Vande Vissnnum Bhava-Bhaya-Haram
Sarva-Loka-Eka-Naatham

Salutations to Sri Vishnu, who has a serene appearance, who resets on a serpent, who has a lotus on his navel and who is the Lord of the Devas. Who sustains the universe, who is boundless and infinite like the sky, whose color is like the cloud and who has a beautiful and auspicious body. Who is the husband of Devi Lakshmi, whose eyes are like the lotus and who is attainable to the Yogis by meditation. Salutations to that Vishnu who removes the fear of worldly existence and who is the lord of all the Lokas.
I dedicate everything to that supreme Lord Narayana; whatever I perform with my body, speech, mind, limbs, intellect or my inner self either intentionally or unintentionally.

Peace Prayer
Om Asatoma Sadgamaya
Tamasoma Jyotirgamaya
Mrityorma Amritam Gamaya
Om Shanti Shanti Shantihi

Lead us from the unreal to the real, lead us from darkness to light, lead us from death to immortality, peace to all.
I sing praise of Ramachandra, Who is known as Achyuta (infallible), Keshav, Raam, Narayan, Krishna, Damodara, Vasudeva, Hari, Shridhara (possessing Lakshmi), Madhava, Gopikavallabha (Dearest of Gopika), and Jananikayaka (Lord of Janaki or Sita).

I offer a salute with my hands together to Achyuta, Who is known as Keshav, Who is the consort of Satyabhama (Krishna), Who is known as Madhav and Shridhar, Who is longed-for by Radhika, Who is like a temple of Lakshmi (Indira), Who is beautiful at heart, Who is the son of Devaki, and Who is the Dear-One of all.

Salutations for Vishnu, Who conquers everyone, Who holds a conch-shell and a discus, Who is the affectionate of Rukmini (Krishna), Who is the consort of only Janaki (Raam), Who is the Dear-One of cowherdesses, Who is offered [in sacrifices], Who is the Atman, Who is the destroyer of Kansa, and Who plays the flute (Krishna).
O Krishna! O Govinda! O Raam! O Narayan! O Shripati! O Vasudeva, Who attained the
Lakshmi! O Achyuta, Who is immeasurable! O Madhav! O Adhokshaja! O Leader of Dvarika!
O the protector of Draupadi! ||4||

Raakshasa-Kshobhitah Siitayaa Shobhito
Dannddakaarannya-Bhuu-Punnyataa-Kaarannnah
Lakshmannen-Aanvito Vaanaraauh Sevito-
Agasta-Sampuujito Raaghava Paatu Maam

Raakshas Kshobhitah Sitaayaa Shobhito
dandaka rupatam purnatma karana: |
laksmen naaBhito vaanire: saaBhito-
samstta samPoJito raagv: paatu maam

Raghav, Who upsetted the demons, Who adorned Sita, Who is the cause of purification of the
forest called Dandaka, Who was accompanied by Lakshman, Who was served by monkeys, and
Who was revered by Agastya, save me.||5||

Dhenuka-Arishtako-Prul-Krd-Dvessihaa
Keshihaa Kamsa-Hrd-Vamshikaa-Vaadakah
Puutanaa-Kopakah-Suura-Jaa-Khelana
Baala-Gopaalakah Paatu Maam Sarvadaa

Dheenuka rishtrak samshkud dasaBhitaan
kesihaa kansa hru shiksha vaadak:
puutanaa kopakah sura xelana
baal gopaalak: paatu maan saBveada

Baby Gopal (Krishna), Who destroyed the disguised Dhenuka and Arishtak demons, Who slayed
Keshi, Who killed Kansa, Who plays the flute, and Who got angry on Putana², save me
always.||6||

Vidyuda-Dyota-Vaat-Prasphurad-Vaasasam
Praavrdd-Ambhoda-Vat-ProJvasad-Vigraham
Vanyayaa Maalayaa Shobhito-Rasthalam
Lohita-Anghri-Dvayam Vaarija-Aksham Bhaaje

Vidyud dyot vaat prasfud wasam
pravarbhd vat pruusad viRaBham |
vaNya ashmbhito rasthalan
lohitatApya dvraya vaarijasya Bhaaje

I sing praise of the Lotus-Eyed Lord, Who is adorned by a shiny lightening like yellow robe,
Whose body is resplending like a cloud of the rainy-season, Who is adorned by a forest-garland
at His chest, and Who has two feet of copper-red color.||7||

Kuncitaih Kuntalair-Bhraajamaana-Ananam
Ratna-Maulim Lasat-Kunnddalam Gannddayoh
Haara-Keyuurakam Kankanna-Projjvalam
Kingkinnii-Manjulam Shyaamalam Tam Bhaaje

Kuncitaih kuntalair bhraajamaana-ananam
ratnamaulim lasat kunnddalam gannddayoh
haara-keyuurakam kankanna projjvalam
kingkinnii-manjulam shaamalam tam bhaaje

I sing praise of that Shyam, Whose face is adorned by falling locks of curly tresses, Who has
jewels are forehead, Who has shiny earrings on the cheeks, Who is adorned with a garland of the
Keyur flower, Who has a shiny bracelet, and Who has a melodious anklet.||8||
Anjaneya Veera - आन्जनेय वीर

Anjaneya veera hanumantha soora  
आन्जनेय वीर हनुमन्त सूर
Vaayu kumara vanara veera (2x)  
वायु कुमार वानर वीर
Sri ram jaya ram jai jai ram  
श्री राम जय राम जय जय राम
Seeta ram jaya radheshyam (2x)  
सीता राम जय राधेश्याम

Hail Lord Hanuman. Thou art brave son of Goddess Anjana, courageous Hanumantha, Son of Vaayu (God of Wind) and brave soldier of the monkey Army of Lord Sri Rama. Hail Sri Ram, Lord of Sita. Hail Shyam, Lord of Radha.

Akhanda Jyothi Jalao (Satya Sai Baba)

Akhanda Jyothi Jalao Sai Man Mandir Me
Akhanda Jyothi Jalao
Koti Surya Sama Theja Swaroopa
Sai Tum Ho Divya Swaroopa
Divya Jyothi Gnana Jyothi Prema Jyothi Jalao

Sai, light the eternal flame within the temple of my heart and illumine my intelligence. Embodiment of love and divinity, with the effulgence equal to that of million suns, light in me the flame of divinity, knowledge and love.
A Malik Tere Bande Hum - ऐ मालिक तेरे बन्दे हम (Do Ankhein, Baarah Haath, 1957)

Ae maalik tere bande hum
Aise ho humare karam
Nekee par chale, aur badee se taley,
Takey haste huey nikley dum
Ae maalik tere bande hum

Lord! We are you children, our deed should be that we should follow the path of goodness and keep away from bad deeds and acts, so we can die happily.

Bada kamzor hain aadmi,
Abhi laakhon hain is mein kamee (2x)
Par tu jo khadaa, hai dayalu bada,
Teri kripa se dharti thami
Diya tune humey jab janam
Tu hi jhelega hum sab ke ghum
Nekee par chale, aur badee se taley,
Takey haste huey nikley dum
Ae maalik tere bande hum

We human beings are very weak; we have so many deficiencies but you exist; you are benevolent and merciful. Because of your mercy, this world is surviving. You have given birth to us and you will also tolerate all of our pain and evils. When we have to face troubles and tortures in our life, then you are the only one who can hold us and give us light.

Jab julmon ka ho saamnaa,
Tab tu hi humey thaamnaa (2x)
Voh burai karey, hum bhalai bharey,
Nahi badley ki ho kaamnaa
Badh uthey pyaar ka har kadam
Aur mite bair ka ye bharam
Nekee par chale, aur badee se taley,
Takey haste huey nikley dum
Ae maalik tere bande hum
When there are crimes and atrocities among us, hold our hand and lead us to the right path. No matter who commits these crimes, we will always do good and and never want revenge. May there be more and more love in society and every kind of hate be erased from within us.

Ye andheraa ghanaa chhaa raha
Tera insaan ghabara rahaa (2x)
Ho rahaa bekhabar, kuch na aata najar,
Sukh ka sooraj chupa ja rahaa
Hai teri roshni mein jo dum
Tu amawas ko kar de poonam
Nekee par chale, aur badee se taley,
Takey haste huey nikel dum
Ae maalik tere bande hum

Everywhere there is darkness and man is getting nervous because of it. He is losing his identity and his sun is setting. Light him up in your light which is so powerful that turns a new moon into a full moon.

Baḍā Chitta Chora Brindāvana Sanchāra

Baḍā Chitta Chora Brindāvana Sañchāra
Gopāla Gopāla He Muralī Gopāla
Baḍā Chitta Chora Brindāvana Sañchāra
Govardhanodhāra Gopāla Bāla
Gopi Manohara Rādhe Gopāla

Meaning: Gopala, You are the great "stealer of hearts", who walked the gardens of Brindavan. As the young cowherd boy with the enchanting flute, you lifted the Govardhana mountain (to protect the devotees), and captivated Radha and the Gopis.
Bhava Bhaya Harana Vandita Charana

Bhava Bhaya Harana Vandita Charana
Jaya Radha Jaya Madhava Sai
Mangala Charana Kalimala Dahana
Narayana Keshava (Sai)
Jaya Radha Jaya Madhava Sai

*Meaning: Salutations to You, O Lord Sai Madhava! The touch of Your adorable and auspicious lotus feet destroys bondage and burns the impurities of this Kali age.*

Bolo Narayana Jai Jai Vitthala

Bolo Narayana Jai Jai Vitthala
Sai Narayana Ranga Ranga Vitthala
Bolo Narayana Jai Jai Vitthala
Govinda Krishna Nam Rakhumayi Vitthala
Gopala Krishna Nam Panduranga Vitthala
Shri Ranga Vitthala Sai Ranga Vitthala

*Meaning: Sing the glory of Narayan, Vitthala, the Lord of Rakhumayi and Krishna, now incarnated as Sai.*
Chanda Kirana Kula Mandana Ram

Chanda Kirana Kula Mandana Ram
Srimad Dasharatha Nandana Ram
Kausalya Sutha Vardhana Ram
Vishwamithra Priyadhana Ram

Meaning: This is a prayer to Ram who: Descended from the same lineage as Sun; Is the son of King Dasharatha; A delight for Kausalya (mother); A beloved treasure of Viswamitra (Guru).

Chitta Chora Murali Vala

Chitta Chora Murali Vala
Nandalala Nanda Gopala Nandalala Nandalala
Brindavana Shyama Gopala
Mathura Vraja Gokula Bala
Mana Mohana Madana Gopala
Nandalala Nandalala
Nandalala Nanda Gopala Nandalala Nandalala

Meaning: Chant the many names of Lord Krishna: the enchanting flute player, the beloved son of Nanda, Who resides in Brindavan, captivator of one’s mind and stealer of the heart. He is the one who lived as a cowherd in Mathura, Vraja and Gokula

Chitta Chora Yashoda Ke Bal

Chitta Chora Yashoda Ke Bal
Navanitha Chora Gopal
Gopal Gopal Gopal
Govardhana Dhara Gopal
Gopal Gopal Gopal Gopal
Govardhana Dhara Gopal

Meaning: Krishna is the stealer of the devotee's heart. As the child of Yashoda, He stole butter and He held aloft the Govardhana mountain.
**Dam Dam Dam**

Dam Dam Dam Dam Damru Baje  
Ghana Ghana Ghana Gaṇṭa Baje  
Shiva Shiva Shiva Shiva Shambho Bhaje  
Shiva Sāi Shaṅkara Sadā Bhaje

*Meaning: In ecstasy, the drum (Ḍamaru) beats 'Dam Dam Dam' and the bell rings, 'Ghan Ghan Ghan.' Worship Lord Shiva, Shambho, and Shaṅkara always.*

**Dam Dam Dam Damaru Bhaje**

Dam Dam Dam Dam Damaru Bhaje  
Bhola Nath Shiva Shambo Bhaje  
Ghana Ghana Ghana Ghana Ghanta Bhaje  
Gauri Nath Shiva Shambo Bhaje  
Hara Sai Nath Shiva Shambo Bhaje

*Meaning: Chant the names of Lord Shiva and Sai to the rhythm of the drums and the peal of the bells.*

**Danava Bhanjana**

Danava Bhanjana Rama Sai Shyamala Komala Ram  
Hey Rama Rama Jaya Rama Sai Rama Rama Ram  
Danava Bhanjana Rama Sai Shyamala Komala Ram  
Dasharatha Nandana Rama Sai Daya Sagara Ram  
Dino(n) Ke Prabhu Rama Sai Rama Rama Ram

*Meaning: Rama, the tender natured, dark-complexioned destroyer of demons, is Sai. Sing the praise of Sai, and Rama, Dasharatha’s Son. He is an ocean of mercy and the Lord of the helpless.*
Dasharatha Nandana

Dasharatha Nandana Rama Daya Sagara Rama
Raghukula Tilaka Rama Satya Sai Shri Param Dhama
Dasharatha Nandana Rama Daya Sagara Rama
Ahalyoddharaka Rama Papa Vimochana Rama
Shirdi Purisha Rama Puttaparthipuri Param Dhama

Meaning: Chant the name of Lord Rama, ocean of mercy and jewel of the Raghu dynasty. He is the compassionate one who liberated Ahalya from her sin. He is also Lord Sai of Shirdi and Puttaparthi.

Durge Durge Durge

Durge Durge Durge Jai Jai Mā (2x)
Karuṇā Sāgarī Mā
Kāli Kapālinī Mā
Jagadoddhāriṇī Mā
Aṃba Durge Jai Jai Mā

Meaning: Victory to Mother Durgā (Kāli)! Oh Mother, the Ocean of compassion, Oh Mother Kāli who is adorned with a garland of skulls (a symbol of Her annihilation of our egoism and materialism), Oh Mother, You uplift the world. Victory to the Divine Mother who is the Mother of the Universe.

Gajanana He Shubhanana

Gajānana He Shubhānana
Gaurī Manohara Priya Nandana
Pashupati Tanaya Gajānana
Parama Niraṅjana Shubhānana

Meaning: Hail the Elephant-faced Lord whose face is auspiciousness itself; O the Enchanting beloved son of Gaurī; O the Elephant-faced son of Pashupati, O the supremely unattached Lord whose face depicts auspiciousness.
Ganesha Sharanam Parama Pavanam

Ganesha Sharanam Parama Pavanam Sathya Sainam Gajananam
Nithya Smaranam Parama Pavanam Sathya Sainam Gajananam
Sadguru Charanam Parama Pavanam Sathya Sainam Gajananam
Bhava Bhaya Haranam Parama Pavanam Sathya Sainam Gajananam

Meaning: Bow in reverence to Sai and to Ganesh, the elephant-faced God of purity. Constantly remember the purifying name of Sai, the destroyer of fears, and bow at Guru's feet.

Gangadhara Hara Gangadhara

Gangadhara Hara Gangadhara Hara
Kailasa Nath Prabhu Shankara
Bhavanasha Bhava Bandha Vimochana
Sathya Sai Shiva Shankara

Meaning: Lord Shiva who holds the river Ganges on his head and resides in Kailasa, destroys the fear of bondage, of birth and death and removes obstacles.

Govinda Krishna Jai

Govinda Krishna Jai Gopala Krishna Jai
Gopala Bala Bala Radha Krishna Jai (2)
Krishna Jai, Krishna Jai, Krishna Jai
Krishna Krishna Krishna Krishna Jai

Gopika Mala Hari Pyaari Maya Meera Manavihari
Madhana Mohana Muralidhari Krishna Jai (2)
Krishna Jai, Radha Krishna Jai, Bala Krishna Jai
Krishna Krishna Krishna Krishna Jai

Lord Krishna, victory to you. Victory to Govinda Krishna and Gopala Krishna. Glory to Bala Krishna and Radha Krishna. You are the beloved Lord of all the Gopikas; you wear their garland, which is made of divine love. You dwell in the heart of the Meera. You are the Lord of Love; you play beautiful music on the flute. You stay in our hearts, Glory to Lord Krishna.
Guru Nānak Ji Ki (Satya Sai Baba)

Guru Nānak Ji Ki Jai Jai Kār
Jo Bole So Hove Nihāl (2x)
Allah Sāi Lelo Salām
Maula Sāi Lelo Salām
Salām Salām Lākhon Salām
Salām Salām Merā Salām
Yesu Pitā Prabhu Sāi Rām
Buddha Zorāshṭra Mahavīr Nām (2x)
Allah Sāi Lelo Salām
Maula Sāi Lelo Salām
Salām Salām Lākhon Salām
Salām Salām Merā Salām

Glory to Guru Nanak! Whoever sings thus, that person becomes liberated. Accept my salutations, Lord, who is Allah – a million salutations. Accept these salutations of mine. You are Father Jesus, our Lord. You are Buddha, Zoroāster and Mahavīra. Please accept these salutations of mine.
**Hanuman Chalisa – हनुमान चालीसा**

**Doha:**

Shrii-Guru Carann Saroja-Raja  
Nija-Mana-Mukura Sudhaara |  
Barannau Raghu-Bara Bimala Yasha  
Jo Daayaka Phala-Caara ||  
Buddhi-Hiina Tanu Jaanike  
Sumirau Pavan Kumaar |  
Bala Buddhi-Vidyaa Dehu Mohi  
Harahu Kalesha Vikaar ||

With the Dust of the Lotus Feet of Sri Gurudeva, I Clean the Mirror of my Mind.
I Narrate the Sacred Glory of Sri Raghubar (Sri Rama Chandra), who Bestows the Four Fruits of Life (Dharma, Artha, Kama and Moksha). Considering Myself as Ignorant, Meditate on You, O Pavan Kumar (Hanuman). Bestow on me strength, Wisdom and Knowledge, and Remove my Afflictions and Blemishes.

**Chalisa:**

Jay Hanumaan Jnaan Gunn Saagar |  
Jai Kapiis Tihu-Lok Ujaagar || (1)  
Victory to You, O Hanuman, Who is the Ocean of Wisdom and Virtue,  
Victory to the Lord of the Monkeys, Who is the Enlightener of the Three Worlds

Raama-Duut Atulit Bala-Dhaamaa |  
Anjani-Putra Pavan-Sut Naamaa || (2)  
You are the Messenger of Sri Rama possessing Immeasurable Strength, You are Known as Anjani-Putra (son of Anjani) and Pavana-Suta (son of Pavana, the wind-god).

Mahaa-biir Bikrama Bajarangii |  
Kumati Nivaar Sumati Ke Sangii || (3)  
You are a Great Hero, extremely Valiant, and body as strong as Thunderbolt, You are the Dispeller of Evil Thoughts and Companion of Good Sense and Wisdom.

Kancan Barann Biraaj Subeshaa |  
Kaanan Kunddala Kuncita Keshaa || (4)  
Kancan Barann Biraaj Subeshaa |  
Kaanan Kunddala Kuncita Keshaa || (4)
You possess a Golden Hue, and you are Neatly Dressed, You wear Ear-Rings and have beautiful Curly Hair.

Haath Bajra Au Dhvajaa Biraajai | हाथ बज्र औ ध्वज बिराजें |
Kaandhe Muuj Janeuu Saajai || (5) काँघे मूंज जमेकू साजे ||

You hold the Thunderbolt and the Flag in your Hands. You wear the Sacred Thread across your Shoulder.

Shankar-Suvan Kesharii-Nandan | शंकर-सुवन केशरी-नन्दन |
Teja Prataap Mahaa Jag-Vandan || (6) तेज प्रताप महा जग-वंदन ||

You are the Incarnation of Lord Shiva and Son of Kesari, You are Adored by the whole World on account of your Great Strength and Courage.

Vidyaaavaan Gunnii Ati Caatur | विद्यावान गुणी अति चातुर |
Raam Kaaj Karibe Ko Aatur || (7) राम काज करिवे को आतुर ||

You are Learned, Virtuous and Extremely Intelligent, You are always Eager to do the Works of Sri Rama.

Prabhu Caritra Sunibe Ko Rasiyaa | प्रभु चरित्र सूनिवे को रसिया |
Raamalashann Siitaa Man Basiyaa || (8) रामलशण सीता मन बसिया ||

You Delight in Listening to the Glories of Sri Rama, You have Sri Rama, Sri Lakshmana and Devi Sita Dwelling in your Heart.

Suukshma Ruupadhari Siyahi Dikhaavaa | सूक्ष्म रूपधारी सियाही दिखावा |
Vikatt Ruup Dhari Lamka Jaraavaa || (9) विकट रूप धारी लंका जरावा ||

You Appeared before Devi Sita Assuming a Diminutive Form (in Lanka), You Assumed an Awesome Form and Burnt Lanka.

Bhiim Ruup Dhari Asur Samhaare | भीम रूप धारी असुर साँहारे |
Raamacandra Ke Kaaj Samvaare || (10) रामचन्द्र के काज सेवारे ||

You Assumed a Gigantic Form and Destroyed the Demons, Thereby Accomplishing the Task of Sri Rama

Laay Sajiivan Lakhan Jiyaaye | लाय सजीवन लखन जियाये |
Shrii Raghubiir Harassi Ur Laaye || (11) श्री रघुबीर हरषि उर लाये ||
You Brought the Sanjivana herb and Revived Sri Lakshmana. Because of this Sri Rama Embraced You overflowing with Joy.

Raghupati Kiinhii Bahut Baddaaii | रघुपति कीन्ही बहुत बडाई।
Tum Mam Priya Bharatahisam Bhaaaii || (12) तुम मम प्रिय भरतहिसम भाई।
*Sri Rama Praised You Greatly, And said: "You are as dear to me as my brother Bharata"

Sahas Badan Tumharo Yash Gaavai | सहस बदन तुम्हरो यश गावै।
As Kahi Shriipati Kannth Lagaavai || (13) अस कही श्रीपति कण्ठ लगावै।

Sanakaadik Brahmaadi Muniishaa | सनकादिक ब्रह्मादि मुनीशा।
Naarad Shaarad Sahit Ahiishaa || (14) नारद शारद सहित अहीशा।
*Sanaka and other Sages, Lord Brahma and other Gods, Narada, Devi Saraswati and Seshnag...

Yam Kuber Digapaal Jahaate | यम कुबेर दिगपाल जहाँते।
Kavi Kovid Kahi Sakai Kahaate || (15) कवि कोविद कही सर्फें कहाँते।
*Yama (god of death), Kubera (god of wealth), Digpalas (the guardian deities), Poets and Scholars have not been able to Describe Your Glories in full.

Tum Upakaar Sugriivahi Kiinhaa | तुम उपकार सुग्रीवहि कीन्हा।
Raam Milaay Raajapad Diinhaa || (16) राम मिलाय राजपद दीन्हा।
*You Rendered a great Help to Sugriva. You Introduced him to Sri Rama and thereby Gave back his Kingdom.

Tumharo Mamtra Vibhiissann Maanaa | तुम्हरो मंत्र विभीषण माना।
Lankeshvar Bhaye Sab Jag Jaanaa || (17) लंकेश्वर भये सब जग जाना।
*Vibhisana Followed your Advice, And the Whole World Knows that he became the King of Lanka.

Yuga Sahasra Yojana Para Bhaanuu | युग सहस्र योजन पर भानू।
Liilyo Taahi Madhura Phala Jaanuu || (18) लील्यो ताही मधुर फल जानू।
*The Sun which was at a distance of Sixteen Thousand Miles, You Swallowed It (the Sun) thinking it to be a Sweet Fruit.
Prabhu Mudrikaa Meli Mukh Maahii | प्रभु मुद्रिखाल मेलिल मुख माहीं |
Jaladhi Laadhi Gaye Acarajanaahii || (19) जलधि लाँधि गये अचरजनाहीं ||
*Carrying Lord Sri Rama's Ring in your Mouth, You Crossed the Ocean, no Wonder in that.*

Durgam Kaaja Jagat Ke Jete | दुर्गम काज जगत के जेते |
Sugam Anugrah Tumhare Tete || (20) सुगम अनुग्रह तुम्हरे तेते ||
*All the Difficult Tasks in this World, Are Rendered Easy by your Grace.*

Raam Duaare Tum Rakhavaare | राम दुआरे तुम रखवारे |
Hot Na Aajnyaa Bin Paisaare || (21) होत न आज्ञा बिन पैसारे ||
*You are the Gate-Keeper of Sri Rama's Kingdom.No one can Enter without Your Permission.*

Sab Sukha Lahai Tumhaarii Saranaa | सब सुख लहै तुम्हारी सरना |
Tum Rakssak Kaahuu Ko Daranaa || (22) तुम रक्षक काहू को डरना ||
*Those who take Refuge in You enjoy all Happiness. If You are the Protector, what is there to Fear?*

Aapan Tej Samhaaro Aapai | आपन तेज सम्हारो आपै |
Tiino Lok Haakate Kaapai || (23) तीनों लोक हाँकते कापै ||
*You alone can Control Your Great Energy. When you Roar, the Three Worlds Tremble.*

Bhuut Pishaaca Nikatt Nahi Aavai | भूत पिशाच निकट नहीं आवै |
Mahaaibir Jab Naam Sunaaavai || (24) महाबीर जब नाम सुनावै ||
*Ghosts and Evil Spirits will Not Come Near, When one Utters the Name of Mahavir (Hanuman).*

Naashau Rog Harai Sab Piiraa | नाशौ रोग हारे सब पीरा |
Japat Nirantar Hanumat Biiraa || (25) जपत निरंतर हनुमत बीरा ||
*You Destroy Diseases and Remove all Pains, When one Utters your Name Continuously*

Samkatt Se Hanumaan Chuddaavai | संकट से हनुमान छुडावै |
Man Kram Bacan Dhyaan Jo Laavai || (26) मन क्रम बचन ध्यान जो लावै ||
*Hanuman Frees one from Difficulties, When one Meditates on Him with Mind, Deed and Words.*
Sab Par Raam Tapasvii Raajaa | सब पर राम तपस्वी राजा ।
Tinake Kaaj Sakal Tum Saajaa || (27) तिनके काज सकल तुम साजा ॥

_Sri Rama is the King of the Tapaswis (devotees engaged in penances). And You (Hanuman) Fulfill all Works of Sri Rama (as a caretaker)._  

Aur Manorath Jo Koi Laavai | और मनोरथ जो कोइ लावै ।
Soi Amit Jiivan Phal Paavai || (28) सोइ अमिट जीवन फल पावै ॥

_Devotees who have any Other Desires, Will ultimately get the Highest Fruit of Life_  

Caaro Yug Parataap Tumhaaraa | चारों युग परताप तुम्हारा ।
Hai Parasiddh Jagat Ujiyaaraa || (29) है परसिद्ध जगत उजियारा ॥

_Your Glory prevails in all the Four Ages. And your Fame Radiates throughout the World._

Saadhu Sant Ke Tum Rakhavaare | साधु संत के तुम रखवारे ।
Asur Nikandan Raam Dulaare || (30) असुर निकंदन राम दुलारे ॥

_You are the Saviour of the Saints and Sages. You Destroy the Demons, O Beloved of Sri Rama._  

Assttasiddhi Nava Nidhi Ke Daataa | अष्टसद्धध नव निधि के दाता ।
As Bar Diin Jaanakii Maataa || (31) अस बर दीन जानकी माता ॥

_You can Give the Eight Siddhis (supernatural powers) and Nine Nidhis (types of devotions). Mother Janaki (Devi Sita) gave this Boon to you._

Raam Rasaayan Tumhare Paasaa | राम रसायन तुम्हरे पासा ।
Sadaa Raho Raghubati Ke Daasaa || (32) सदा रहो राघुपति के दासा ॥

_You hold the Essence of Devotion to Sri Rama. You Always Remain as the Servant of Raghupati (Sri Rama)._  

Tumhare Bhajan Raamako Paavai | तुम्हरे भजन रामको पावै ।
Janma Janma Ke Dukh Bisaraavai || (33) जन्म जन्म के दुःख बिसरावै ॥

_Through Devotion to You, one gets Sri Rama, Thereby getting Free of the Sorrows of Life after Life._

Anta Kaal Raghubati Pur Jaaii | अन्त काल राघुपति पुर जाई ।
Jahaa Janma Hari-Bhakta Kahaaii || (34) जहाँ जन्म हरिभक्त कहाई ॥
At the End one Goes to the Abode of Raghupati (Sri Rama). Where one is Known as the Devotee of Hari.

Aur Devataa Citta Na Dharaii | और देवता चित न धरई ।
Hanumat Sei Sarva Sukh Karaii || (35) हनुमत सेइ सर्व सुख करई ॥

Even without Worshipping any Other Deities, One Gets All Happiness who Worships Sri Hanuman.

Sankatta Harai Mittai Sab Piiraa | संकट हैं मिट्टे सब पीछा ।
Jo Sumirai Hanumat Bala Biiraa || (36) जो सूमिरई हनुमत बल बीरा ॥

Difficulties Disappear and Sorrows are Removed, For Those who Contemplate on the Powerful Sri Hanuman.

Jai Jai Jai Hanumaan Gosaaaii | जै जै जै हनुमान गोसाई ।
Krpaa Karahu Gurudev Kii Naaii || (37) कृपा करहु गुरुदेव की नाई ॥

Victory, Victory, Victory to You, O Hanuman, Please Bestow your Grace as our Supreme Guru

Joh Shat Baar Paattha Kar Joii | जो शत बार पाठ कर जोई ।
Chuttahi Bandi Mahasukh Hoii || (38) छुट्टही बन्दी महासुख होई ॥

Those who Recite this Hanuman Chalisa one hundred times (with devotion), Will get Freed from Worldly Bondage and get Great Happiness

Jo Yah Paddhai Hanumaan Caaliisaa | जो यह पढ़ै हनुमान चालीसा ।
Hoy Siddhi Saakhii Gauriisaa || (39) होय सिद्धि साखी गौरीसा ॥

Those who Read the Hanuman Chalisa (with devotion), Will become Perfect, Lord Shiva is the Witness.

Tulasiidaas Sadaa Hari Ceraa | तुलसीदास सदा हरि चेरा ।
Kijjai Naatha Hrday Mah Dderaa || (40) कीजै नाथ हृदय महें डेरा ॥

Tulsidas who is Always the Servant of Hari. Prays the Lord to Reside in his Heart

Pavanatanaya Samkatt Harana, पवनतनय संकंत हरन,
Mamgal Muurati Ruup | मंगल मूर्ति रूप ।
Raamalassan Siitaa Sahit, रामललसन सीता सहित,
Hrday Basahu Surabhuup || हृदय बसहु चुर्मूप ॥

Sri Hanuman, who is the Son of Pavana, who Removes Difficulties, Who has an Auspicious Form, With Sri Rama, Sri Lakshmana and Devi Sita, Please Dwell in my Heart.
Hey Ram - हे राम

Hey ram hey ram  हे राम हे राम  O, Ram!
Hey ram hey ram  हे राम हे राम  O, Ram!

Tu hi maata tu hi pita hai (2)  तू ही माता तू ही पिता है  You are the mother and father
Tu hi to hai radha ka shyam  तू ही तो राधा का श्याम  You are Radha’s Shyam
Hey ram, hey ram  हे राम हे राम  O, Ram!

Tu antaryami sabka swami (2)  तू अंतर्यामी सबका स्वामी  You know what is in the heart
Tere charno me charo dhaam  तेरे चरणों में चारो धाम  Lord of everyone, the four
Hey ram, hey ram  हे राम हे राम  Dhams are in your feet, O Ram

Tu hi data vishwavidata (2)  तू ही जगदाता विश्वविधाता  You are the creator and
Tu hi subah tu is sham  तू ही सुबह तू ही शाम  destroyer of the world. You
Hey ram, hey ram  हे राम हे राम  are morning and evening, Ram.

Tu hi bigare tu hi savare (2)  तू ही बिगाड़े तू ही सवारें  You alone disturb and rectify
Is jag ke saare kaam  इस जग के सारे काम  All deeds of this world
Hey ram, hey ram  हे राम हे राम  O, Ram!
Hum Ko Manki Shakti Dena -- हम को मन की शक्ति देना (Guddi, 1971)

Hum Ko Manki Shakti dena हम को मन की शक्ति देना
Man vijay kare मन विजय करे
Doosaronki jay se pahele दूसरों की जय से पहले
Khudhko jay karen खुद को जय करे
Hum Ko Manki Shakti Dena हम को मन की शक्ति देना

O God, give us strength to overcome our mind (ourselves). Before attempting to conquer others, conquer oneself.

Bhedha bhava apne dil se saph kar saken भेदभाव अपने दिल से साफ कर सके
Dosthonse bhool ho to maaph kar saken दोस्तों से भूल हो तो माफ़ कर सके
Jhoot se bache rahe sach ka dam bharen झूठ से बचे रहे, सच का दम भरे
Doosaronki…

Let us cleanse our mind of discrimination (of persons). Let us try to forgive the mistakes of friends. Let us discard falsehood and follow the path of truth

Mushkile pade to humpe itna karam kar मुश्किलें पड़े तो हम पे इतना कर्म कर
Sath de to dharma ka chale to dharma par साथ दे तो धर्म का, चले तो धर्म कर
Kudhe housala rahe, badise na dare खुद पे हौसला रहे, बदी से ना डरे
Doosranki…

Whatever the difficulties in the path, we will continue to work. We will tread the path of righteousness with the blessings of Dharma. We will possess self confidence to fight evil.

Jai Jai Jai Gana Nayaka

Jai Jai Gana Nāyaka Jai Jai Vighna Vināshaka
Jai Shubha Maṅgala Dāyaka Vidya Buddhi Pradāyaka
Gaja Vadana Gaurī Nandana (2X)
Gāṅgādhara Shiva Shambho Nandana

Glory to the leader of the Gaṇas, to the destroyer of obstacles, to the bestower of good fortune and one who grants intelligence, to Gaurī's son Gaṇesh with the elephant face, son of Shiva who bears the Ganges river.
Krishna Jin Ka Naam Hai - कृष्ण जिनका नाम है

Krishna jin ka naam hai  कृष्ण जिनका नाम है,
Gokul jin ka dham hai  गोकुल जिनका धाम है
Aise shri bhagvaan ko  ऐसे श्री भगवान को
Baaram baar pranam hai  बारंबार प्रणाम है

The one whose name is Krishna, the one who resides in Gokul, this is the God, I repeatedly offer my respects.

Yashoda jin ki maiya hai  यशोदा जिनकी मैया है
Nandji bapaiya hai  नन्दजी बपैया है
Aise shri gopal ko  ऐसे श्री गोपाल को
Baaram baar pranam hai  बारंबार प्रणाम है

The one whose mother is Yashoda, whose father is Nandji, to this one named Gopal, I repeatedly offer my respects.

Loot loot dadhi maakhan  लूट लूट दधी माखन खायो
Gval-baal sang dhenu charayo  ग्वाल-बाल संग धेनु चरयो
Aise leela dham ko  ऐसे लीलाधाम को
Baaram baar pranam hai  बारंबार प्रणाम है

The one who always stole and ate butter, the one who played with kids, to this glorious one, I repeatedly offer my respects

Drupad suta ki laaj bachayo  द्रुपद सुता की लाज बचायो
Graha se gaj ko phand chudayo  ग्राह से गज को फंद चुडायो
Aise kripa dhaam ko  ऐसे कृपा धाम को
Baaram baar pranam hai  बारंबार प्रणाम है

The one who saved Draupadi, the one who saved the elephant from the crocodile, to this merciful one, I repeatedly offer my respects

Krishna jin ka naam hai …  कृष्ण जिनका नाम है…
Lingashtakam – लिङ्गाष्टकम्

Brahma-Muraari-Sura-Aarcita-Linggam | ब्रह्म मुरारि सुरार्चित लिङ्गम्
Nirmala-Bhaasita-Shobhita-Linggam | निर्मल बासित शोभित लिङ्गम्
Janmaja-Dukhha-Vinaashaka-Linggam | जन्मज दुःख विनाशक लिङ्गम्
Tat Prannamaami Sadaashiva-Linggam ||1|| तत् प्रणामामि सदाशिव लिङ्गम् ||१||

I bow before that sadashivalinga, which is adored by Brahma, Vishnu and the other Gods, which is praised by pure and holy speeches and which destroys the cycle of births and deaths.

Deva-Muni-Pravara-Aarcita-Linggam | देव मुनि प्रवराचित लिङ्गम्
Kaama-Daham Karunnaa-Kara-Linggam | काम दहम करुणाकर लिङ्गम्
Raavanna-Darpa-Vinaashana-Linggam | रावण दर्प विनाशन लिङ्गम्
Tat Prannamaami Sadaashiva-Linggam ||2|| तत् प्रणामामि सदाशिव लिङ्गम् ||२||

I bow before that sadashivalinga, the destroyer of cupid, which the Devas and the sages worship, which is infinitely compassionate and which subdued the pride of Ravana.

Sarva-Sugandhi-Sulepita-Linggam | सर्वस सुगंधि सुलेवपत लिङ्गम्
Buddhi-Vivardhana-Kaaranna-Linggam | बुद्धि विवर्धन काराणन लिङ्गम्
Siddha-Sura-Asura-Vandita-Linggam | सिद्धसुरासुर वन्दित लिङ्गम्
Tat Prannamaami Sadaashiva-Linggam ||3|| तत् प्रणामामि सदाशिव लिङ्गम् ||३||

I bow before that sadashivalinga, which is lavishly smeared with variegated perfumes and scents, which elevates the power of thought and enkindles the light of discriminations and before which the Siddhas, the Suras and Asuras pray.

Kanaka-Mahaamanni-Bhuussita-Linggam | कनक महामणि भूषित लिङ्गम्
Phanni-Pati-Vesstita-Shobhita-Linggam | फण्णपति वेण्णित शोभित लिङ्गम्
Dakssa-Su-Yajnya-Vinaashana-Linggam | दक्षसुयज्ञ विनाशन लिङ्गम्
Tat Prannamaami Sadaashiva-Linggam ||4|| तत् प्रणामामि सदाशिव लिङ्गम् ||४||

I bow before that sadashivalinga, the destroyer of Daksha’s sacrifice, which is decorated with various ornaments, studded with different gems and rubies and which glows with the garland of the serpent Lord coiled around it.

Kunkuma-Candana-Lepita-Linggam | कुकुमचंदन लेपित लिङ्गम्
Pangkaja-Haara-Su-Shobhita-Linggam | पांकजा हारसुशोभित लिङ्गम्
Sancita-Paapa-Vinaashana-Linggam | सन्चित पाप विनाशन लिङ्गम्
I bow before that sadashivalinga, which is smeared with saffron and sandal paste, which is adorned with lotus garlands, and which wipes out all accumulated sins.

I bow before that sadashivalinga, which is worshipped by the multitude of Gods with genuine thoughts full of faith and devotion and whose splendour is like that of a million suns.

I bow before that sadashivalinga, destructive of all poverty and misery in its eight aspects, which is the cause of all creation and which stands on the eight pedalled lotus.

I bow before that sadashivalinga, which is the Transcendent being and the Supreme Self, worshipped by all Suras and their Preceptor (Brihaspati), with innumerable flowers from the celestial gardens.

Whoever recites this Lingasthakam near Shivalingam will attain the Abode of Shiva and enjoy His Bliss.
**Maa Hey Maa**

Maa Hey Maa, Maa Hey Maa (2x)
Ambe Maatha Jaya Jagath Janani
Veena Vadini Saraswati Maatha
Jagatha Paalini Gauri Maatha
Ambe Bhavani Lakshmi Maatha
Ambe Maatha Jaya Jagath Janani

*Meaning: Oh Mother! Mother Ambe, mother of all universes, glory to you. Mother, you are Saraswati who plays the veena. Mother, you are Parvathi who rules over the universe. Mother, you are Amba, Bhavani, and Lakshmi. Mother Ambe, mother of all universes, glory to you.*

**Manasa Bhajare**

Manase Bhajare Guru Charanam
Dusthara Bhava Saagara Tharanam (2)
Guru Maharaj Guru Jai Jai
Sai Natha Sadguru Jai Jai (2)
Om Namashivaya Om Namashivaya
Om Namashivaya Shivaya Nama Om (2)
Arunachala Shiva Arunachala Shiva
Arunachala Shiva, Aruna Shiva Om (2)
Omkaram Baba Omkaram Baba
Omkaram Baba, Om Namo Baba

*Meaning: The mind has to constantly worship at the Lotus feet of our Guru. With the blessing of a Guru on can cross the ocean of life. Victory to the noble Teacher, the king of knowledge. Lord Shiva is the Supreme guru, who resides in Arunachala. He is the embodiment of Omkaram.*
Nanda Ke Lal Murali Gopal

Nanda Ke Lal Murali Gopal
Giridhari Govinda Radhe Gopal
Nanda Mukunda Radhe Gopal
Radhe Jaya Radhe Jaya Radhe Gopal
Radhe Radhe Radhe Gopal
Radhe Radhe Murali Gopal
Radhe Radhe Shyam Gopal
Radhe Radhe Sai Gopal

Meaning: Salutations to Krishna, the beloved of Radha, the joy of Nanda, the enchanting flute player, and the dark-complexioned Lord Sai Gopal.
Nirvana Shatakam - निर्वाण षटकम्

Mano Budhyahankaar Chitini Naaham

ननवााण षटकम्

Na Cha Shrotra Jihve Na Cha Ghraana netre

न च श्रोत्र जिहवे न च ग्राण नेत्रे

Na Cha Vyoma Bhumir Na Tejo Na Vayuh

न च व्योम भूमिर न तेजः न वायुः

Chidananda Rupah Shivoham Shivoham

चिदानन्द रूप: शिवोहम शिवोहम ॥

I am not mind, nor intellect, nor ego, nor the reflections of inner self. I am not the five senses. I am beyond that. I am not the ether, nor the earth, nor the fire, nor the wind (i.e. the five elements). I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

Na Cha Praana Sanjno Na Vai Pancha Vaayuhu

न च प्राण संज्ञो न वै पञ्चवायुः

Na Vaa Sapta Dhaatur Na Va Pancha Koshah

न वा सप्तधातुर् न वा पञ्चकोशः

Na Vaak Paani Paadau Na Chopasthapaayuh

न वाकपाणिपादौ न चोपस्थपायू

Chidaananda Rupah Shivoham Shivoham

चिदानन्द रूप: शिवोहम शिवोहम ॥

Neither can I be termed as energy (Praana), nor five types of breath (Vaayu), nor the seven material essences (dhaatu), nor the five coverings (panca-kosha). Neither am I the five instruments of elimination, procreation, motion, grasping, or speaking. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

Na Me Dvesha Raagau Na Me Lobha Mohau

न मे द्वेष रागों न मे लोभ मोहोः

Mado Naiva Me Naiva Maatsarya Bhaavah

मदो नैव मे नैव मात्सर्य भावः

Na Dharmo Na Chaartho Na Kaamo Na Moksha

न धर्मो न चाथो न कामो न मोक्षः

Chidaananda Rupah Shivoham Shivoham

चिदानन्द रूप: शिवोहम शिवोहम ॥

I have no hatred or dislike, nor affiliation or liking, nor greed, nor delusion, nor pride or haughtiness, nor feelings of envy or jealousy. I have no duty (dharma), nor any money, nor any desire (refer: kama), nor even liberation (refer: moksha). I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

Na Punyan Na Paapan Na Saukhyan Na Dukham

न पुण्यं न पापं न सौख्यं न दुःखम्

Na Mantro Na Tirthan Na Vedaah Na Yajnaah

न मन्त्रो न तीर्थं न वेदां न यज्ञा: न यज्ञा:

Aham Bhojanan Naiv Bhojyan Na Bhoktaa

अहं भोजनं नैव भोज्यं न भोक्ता

Chidaananda Rupah Shivoham Shivoham

चिदानन्द रूप: शिवोहम शिवोहम ॥

I have neither virtue (punya), nor vice (paapa). I do not commit sins or good deeds, nor have happiness or sorrow, pain or pleasure. I do not need mantras, holy places, scriptures, rituals or sacrifices (yajna). I am none of the triad of the observer or one who experiences, the process of
observing or experiencing, or any object being observed or experienced. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

Na Mrityur Na Shanka Na Me Jaati Bhedah
Na Bandhur Na Mitram Guru Naiva Shishyah
Chidaananda Rupah Shivoham Shivoham

I do not have fear of death, as I do not have death. I have no separation from my true self, no doubt about my existence, nor have I discrimination on the basis of birth. I have no father or mother, nor did I have a birth. I am not the relative, nor the friend, nor the guru, nor the disciple. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

Aham Nirvikalpo Niraakaara Rupo
Vibhutvaaccha Sarvatra Sarvendriyaanaam
Na Chaa Sangatan Naiva Muktir Na meyah
Chidananda Rupah Shivoham Shivoham

I am all pervasive. I am without any attributes, and without any form. I have neither attachment to the world, nor to liberation. I have no wishes for anything because I am everything, everywhere, every time, always in equilibrium. I am indeed, That eternal knowing and bliss, Shiva, love and pure consciousness.

Om Sri Ram
Om Sri Ram Jai Ram Jai Jai Ram
Seetaa Ram Seetaa Ram Seetaa Ram
Radhey Shyam Radhey Shyam Radhey Shyam

Meaning: Victory to Lord Sri Ram, Lord of Seeta, Krishna, Lord of Radha.
Paayo Jii Maine -- रायो जी मैने

I have received a treasure of God's (Rama's) name.

My true Guru gave me this invaluable gift and gratefully, I accepted it.

I have lost my worldly possessions, but gained a treasure that can take several births to acquire.

No thief can steal this treasure (of His name), which multiples every day even if I spent it freely.

With this vessel of truth and my guru to guide me, I crossed this ocean of life.

Mira Bai’s Lord is the Lord Giridhar, whose praises I merrily sing.
Prabhuji Dayaa Karo (Sung by Ravi Shankar)

Prabhuji Dayaa Karo
प्रभुजी दया करो

Maname Aana Baso
मन में आन बसो

Tuma Bina Laage Suunaa
तुम बिना लागे सूना

Khaali Ghatame Prema Bharo
खाली घट में प्रेम भरो

Tantra Mantra Poojaa Nahi Jaanu
तंत्र मंत्र पूजा नहीं जानू

Mai Toh Keval Tumako Hi Maanu
मैं तो केवल तुमको ही मानू

Sare Jaga Me Dhundaa Tumako
सरे जग में ढूंढा तुमको

Aba To Aakara Baahan Dharo
अब तो आकर बाहन धरो

Divine being, have mercy on me. Come, reside in my heart.
Without you, I feel an emptiness. Fill up my hollow entity with love.
I don’t know the rituals, chants, and prayers. I just know that I believe in you.
I searched the whole world for you. Now, please come, take my hand and lead me.
Raghupati Raghav Raja Ram -- रघुपति राघव राजा राम

O King of the Raghukul Dynasty, Ram! Purifying all evils, Sita Ram, your name is God in any form. Bless us all.

Ram is in the sea and Ram is on Earth, you are everywhere in life. From your heart, say Jai Sita Ram.

There are two beautiful phrases in the world: Sita Ram and Jai Shri Hanuman.
Rama Hare Sai Krishna Hare
Allah Ishvar Sai Hare
Nanak Yeshu Buddha Hare
Zoarastra Mahavir Sai Hare
Sarva Dharma Priya Sai Hare
Rama Hare Sai Krishna Harey (3)
(Baba) Sarva Dharma Priya Sai Hare

Meaning: Chant the name of Rama, Sai Krishna. Recite the name of Sai who is the lover of all faiths. Lord Sai is none other than Allah, Nanak, Buddha, Jesus, Zoraster, and Mahavira.

Ramachandra Mangalam – रामचन्द्र मंगलम् (Ramadasu)
Rāmachandrāya Janaka-Rājajā-Manoharāya
Māmakā bheeshtādāya Mahita Maṅgalam
Kousalesāya Manda Häsa-dāsa-Poshanāya
Vāsavādi-Vinuta Sadvarāya Maṅgalam
Vimala-Roopāya Vividha-Vedānta-Vedīya
Sumakha Chitta-Kāmitāya Subhra Maṅgalam
Rāmadāsāya Mridula-Hridraya-Kamala-Vāsāya
Swāmi-Bhadragiri-Varāya Sarva-Maṅgalam

To Ramachandra, who stole the heart of the King Janaka’s daughter, who fulfils all my wishes, esteemed auspiciousness! To the Lord of Kosala, with gentle smile, who takes care of his devotees, who is praised by all gods, good boon-giving auspiciousness! To the One who has unblemished form, revealed through Vedic philosophies who likes those with pleasing, happiness-giving auspiciousness! To the One who resides in Ramdasa’s tender heart who is the Lord of Bhadragiri (hills), total auspiciousness!
Shri Ramacandra kripalu bhaju mana
harana bhava bhaya darunam
Navakanja-locana kanja-mukha-kara
Kanja pada-kanjarunam

O mind! Revere the benign Shree Ramachandra, who can remove the fear of rebirths
Who has fresh lotus eyes, lotus face and lotus hands, feet like lotus and like the rising sun

Kandarpa aganita amita chavi nava
Neela niraj sundaram
Patapita manahu tarita ruchi shuchi
Naumi Janaka-sutavaram

His image exceeds myriad Cupids, like a fresh, blue-hued cloud — magnificent
His amber-robos appear like lightning, pure, captivating. Revere this groom of Janaka’s daughter

Bhaju Dinabhandu Dinesha danava
Daitya-vansha nikandanam
Raghunanda ananda kanda kaushala
Canda Dasharatha-nandanam

Sing hymns of the brother of destitute, Lord of the daylight, the destroyer of the clan of Danu-Diti demons
The progeny of Raghu, limitless ‘joy’, the moon to Kosala, sing hymns of Dasharatha’s son

Sira mukuta kundala tilaka caru
Udaru anga vibhushanam
Ajanu bhuja sharacapa dhara
Sangrama-jita Khara-Dhushanam
His head bears the crown, ear pendants, tilak on forehead, his adorned, shapely limbs are resplendent
Arms extend to the knees, studded with bows-arrows, who won battles against Khara and Dooshana ॥4॥

Iti vadati Tulasidas Shakara
Shesha munimana ranjanam ॥
Mama hridaya-kanja nivasa kuru
Kamadi khaladhala gjananam ॥5॥

Thus says Tulsidas, O joy of Shankara, Shesh (Nag), Mind and Sages ॥
Reside in the lotus of my heart, O slayer of the vices-troops of Kaama and the like ॥5॥
<table>
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<th>Sankat Mochan -- संकटमोचन</th>
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<tbody>
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<tr>
<td>Tinhu Lok Bhayo Andhiyaaro</td>
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<td>Taahi So Tras Bhayo Jag Ko</td>
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<td>Yeh Sankat Kaahu Sau Jaat Na Taaro</td>
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<td>Devan Aani Kari Binti Tab</td>
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<td>Chadi Diyo Rabi Kasht Nivaaro *Ko nahin Jaanat Hai Jag Mein</td>
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<tr>
<td>Kapi Sankatmochan Naam Tihaaro ll1ll</td>
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<td>Chahiye Kaun Bichar Bicharo</td>
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<td>Kay Dwij Roop Livaya Mahaprabhu</td>
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<td>So Tum Das Ke Sok Nivaro</td>
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<td>Ko nahin Jaanat Hai Jag Mein</td>
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<td>Kapi Sankat mochan Naam Tihaaro ll2ll</td>
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<td>Angad Ke Sang Len Gaye Siya</td>
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<td>Khoj Kapis Yeh Bain Ucharo</td>
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<td>Jivat Na Bachicho Hum So Ju</td>
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<td>Bina Sudhi Laye Iha Pag Dhaaro</td>
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<td>Her Thakey Tat Sindhu Sabey Tab</td>
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<tr>
<td>Lay Siya-Sudh Pran Ubaaro *Ko nahin Jaanat Hai Jag Mein</td>
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<tr>
<td>Kapi Sankat mochan Naam Tihaaro ll3ll</td>
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<tr>
<td>Raavan Traas Dai Siya Ko</td>
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<tr>
<td>Sab Raakshashi So Kahi Sok Nivaaro</td>
</tr>
<tr>
<td>Taahi Samay Hanuman Mahaprabhu</td>
</tr>
</tbody>
</table>

बाल समय रात्रि भक्षि लियो तब
तीनहूँ लोक भयो अंधियारो।
ताहि सौं त्रास भयो जग को
यह संकट काहू सौं जात न टारो।
देवन आनि करी बिनती तब
छोँड़ दियो राबि कष्ट निवारो।
Kapi संकटमोचन नाम तिहारो॥१॥

बालि की त्रास कपीस बसै गिरि
जात महाप्रभु पंथ निहारो।
चाँक महा मुनि साप दियो तब
चाहिय कौन बिचार बिचारो।
Kapi संकटमोचन नाम तिहारो॥२॥

अंगद के संग लेन गये सिय
खोज कपीस यह बैन उचारो।
जीवत ना बचिहूँ हम सो जु
बिना सुधि लाए इहूँ पगु धारो।
Kapi संकटमोचन नाम तिहारो॥३॥

रावन त्रास दई सिय को
सब राक्षसि सों कहि सोक निवारो।
ताहि समय हनुमान महाप्रभु
बान लग्यो उर लछिमन के तब
प्रान तजे सुत रावन मारो।
लै गृह बैद्य सुषेन समेत
तबै गिरि द्रोन सु बीर उपारो।
आनि सजीवन हाथ दई तब
लछिमन के तुम धाव उबारो।
*को नहिं जानत है जग में
कपि संकटमोचन नाम तिहारो॥५॥

रावन जुद्ध अजान कियो तब
नाग कि फाँस सबै सिंह डारो।
श्रीरघुनाथ समेत सबै दल
मोह भयो यह संकट भारो।
आनि खगेस तबै हनुमान जु
बंधन काटि सुत्रास निवारो।
*को नहिं जानत है जग में
कपि संकटमोचन नाम तिहारो॥६॥

बंधु समेत जबैं अहिरावन
लै रघुनाथ पताल सिधारो।
देबिहि पुंजि भली विधि सो बलि
देउ सबै मिलि मंज बिचारो।
जाय सहाय भयो तब ही
अहिरावन सैल्य समेत साँहारो।
*को नहिं जानत है जग में
कपि संकटमोचन नाम तिहारो॥७॥

काज कियो बड़ देवन के तुम
Bir Mahaprabhu Dekhi Bichaaro
Kaun So Sankat Mor Garib Ko
Jo Tumso Nahi Jaat Hai Taaro
Baig Haro Hanuman Mahaprabhu
Jo Kach Sankat Hoey Hamaro
*Ko nahin Jaanat Hai Jag Mein
Kapi Sankat mochan Naam Tihaaro ll8ll
--
Laal Deh Laali Lase Aru Dhari Laal Langoor
Bajra Deh Daanav Dalan Jay Jay Kapi Soor

1. There was a time when as a child you ate the sun, and the three worlds were plunged in to
darkness. For you who caused the fear and dread of the worlds this was no difficulty which you
would try to avoid. When the Gods came to plead with you, you released the sun and removed
their difficulties. Who in the world does not know the monkey whose name removes all
difficulties?

2. In fear of Bali the Lord of the Monkeys resided on top of the Mountain. You departed to see
the Great God on the path. To protect Sugreeva the great wise man had cursed Bali. Then no
matter what his desire, he could only think and ponder. Wearing the form of a twice born knower
of Divinity, you went to see Great Lord, and in this way you were a servant to remove the grief of
Sugreeva. Who in the world does not know the monkey whose name removes all difficulties?

3. You went with Angada to search for Sita, according to the order spoken by the Lord of the
Monkeys. Our lives would have been lost if you did not bring the news here with great speed.
 Searching for Sita brought all to the shores of the ocean, and when you brought news of her, you
saved our lives. Who in the world does not know the monkey whose name removes all
difficulties?

4. Ravana gave to her much fear, and the demon women were trying to take away his grief. At
that time Hanumana the Great Lord went there in the moonlight, and defeated them. You
wanted Sita to be free from grief as she was before so you gave her the ring of the Lord removing
her distress. Who in the world does not know the monkey whose name removes all difficulties?

5. Lakshmana was struck by an arrow from son of Ravana, and his life was in danger. You
brought the doctor along with his house. Then you raised the entire mountain along with its
creepers. In your hand you brought the life saving herb and gave it saving Lakshama’s life. Who
in the world does not know the monkey whose name removes all difficulties?

6. In the war with Ravana the Lord of the Raghus unknowingly had his body bound by the bond
of snakes. The respected Rama along with all of his group, was thrust into the delusion of great
fear and difficulties. Hanumana brought the Lord of all Birds, who cut the bonds and took away
all fear. Who in the world does not know the monkey whose name removes all difficulties?
7. When Ahiravana and his friends took the Lord of the Raghus to the lower worlds, then the Gods made excellent worship according to the rules and recited the mantras. Then you went to assist and killed ahiravana along with his army. Who in the world does not know the monkey whose name removes all difficulties?

8. Having completed their work, all the Gods who saw you called you, "The Courageous Great Lord", what difficulty could befall upon poor me, that you will not go and remove? Oh Great Hanumana, quickly you remove every difficulty that comes to us. Who in the world does not know the monkey whose name removes all difficulties?

_Doha:_ With a red body and a red shine and moreover a red monkey, his steel hard body cuts into small bits of forces of division. Victory victory, victory, to the Divine Monkey.

**Shankara Shiva**

Shankara Shiva Shankara Shiva Shankara Shambho
Shankara Shiva Shankara Shiva Shambho Mahadeva
Shankara Shiva Shankara Shiva Shankara Shambho
Dhama Dhama Dhamaru Bhajey Shankara
Ghana Ghana Ghanta Bhajey
Hara Bholanatha Shambho
Sathyag Sai Naathha Shambho

*Chant the Names of the Lord: Shankara, Shiva, Shambho and Mahadeva accompanied by the drum beats and the sound of ringing bells. Chant to easy-to-please name of Lord Sai Naaatha who destroys all miseries of life.*

**Shivaya Parameshvaraya**

Shivāya Parameshvarāya Shashi Shekharāya Namah Om
Bhavāya Guṇa Sambhavāya Shiva Tāṇḍavāya Namah Om
Shivāya Parameshvarāya Chandra Shekarāya Namah Om
Bhavāya Guṇa Sambhavāya Shiva Tāṇḍavāya Namah Om

_Homage to Lord Shiva, the supreme lord, adorned with the crescent moon. I bow to the lord of the purest qualities, dancing Lord Shiva*
Subramanyam

Subramanyam Subramanyam
Shanmukhanaathaa Subramanyam
Shiva Shiva Shiva Shiva Subramanyam
Hara Hara Hara Hara Subramanyam
Shiva Shiva Hara Hara Subramanyam
Hara Hara Shiva Shiva Subramanyam
Shiva Sharavana Bhava Subramanyam
Guru Sharavana Bhava Subramanyam
Shiva Shiva Hara Hara Subramanyam
Hara Hara Shiva Shiva Subramanyam

Meaning: Worship the good six-faced Lord Subramanyam. Born of six lotuses on a lake in the forest, He is the second son of Lord Shiva, the destroyer of evils

Tripura Sundari Ma

Tripura Sundari Ma Amba Daya Sagari Ma
Sundara Vadani Ma Amba Suguna Manohari Ma
Jaya Jagat Janani Ma Amba Jagadoddharini Ma
Parti Nivasini Ma Amba Papa Vimochani Ma

Meaning: Mother Amba, with the beautiful countenance, is an ocean of mercy and full of virtuous attributes. Glory to the Mother of the Universe, the destroyer of sins and to the resident and Lord of Parthi.
**Tumhi Ho Mata - तुम्ही हो माता** *(Mein Chup Rahungi, 1962)*

Tumhi Ho Mata, Pita Tumhi Ho
तुम्ही हो माता, पिता तुम्ही हो

Tumhi Ho Bandhu, Sakha Tumhi Ho
tumhi ho bandhu saraha tumhi ho

Tumhi Ho Sathi, Tumhi Sahare
tumhi ho sathi tumhi sahara

Koyee Na Apna Siva Tumhare
coii ne apnna siva tumhare

Tumhi Ho Naiya Tumhi Khavaiya
tumhi ho naeia tumhi khavaiya

Tumhi Ho Bandhu…
tumhi ho bandhu…

Jo Khil Sake Na Woh Phool Ham Hain
jo khil sake na woh phool ham hain

Tumhare Charano Ki Dhol Ham Hain
Tumhare charano ki dhol ham hain

Daya Ki Drishti Sada Hi Rakhna
daya ki drishti sada hi rakhna

Tumhi Ho Bandhu…
tumhi ho bandhu…

You are the Mother, You are the Father, You are the Relative, You are the Friend.

You are the Companion, You are the Support, Other than You there is no one else to call mine.

You are the Boat, You are the Oarsman, You are the Relative, You are the Friend.

We are those flowers that do not bloom, We are the dust of Your Feet, Please look upon us always with compassion, You are the Relative, You are the Friend.
ENGLISH BHAJANS

At Your Feet Dear Lord We pray
Bless Us With Your Love This Day
Sai Baba, Sai Baba, You Are Krishna, You Are Rama
Oh Baba, Oh Baba, You Are Mother, You Are Father
All Names, Every Form, All That Was And Will Be Born
(You are) All Names, Every Form, All That Is Forever More

Don't Worry, Be Happy, for Baba loves Us So
Illusions Are Many, but Underneath Them All
There Is One Reality That You and I Are One
That God Is Love and Love Is God and God and Man Are One

Door of My Heart Open Wide I keep for Thee
Wilt Thou come (2) precious Baba, Come to Me
Door of My Heart Open Wide I keep for Thee
Will My Days Fly Away Without Seeing Thee My Lord
Night and Day, Night and Day, I Look for Thee Night and Day
Wilt Thou come (2) precious Baba, Come to Me

Every Moment of My Life Please Be with Me
In Every Single Act of Mine Be Thou My Guide
Baba Sai Baba
When I Slip When I Fall Lend Me a Hand
When I Stray Far Away Bring Me Back Again
Baba Sai Baba
From the Darkness into Light Lead Me, Father
From the Unreal into the Real
Baba Sai Baba (2)
I keep feeling Your love in me, over and over again
And it's sweeter and sweeter as the days go by
Oh what a love between my Sai and I
My Sai and I

Like The Sunlight, Like The Moon Bright, Always Always I Am with You
Like The Ocean, Like The River, Always I Am Flowing Towards You
Like The Sky Above, So Is Divine Love, Always Always Surrounding You
Like The Earth So Fair, Like The Birds Of The Air
Always I Am Caring For You

Love Is My Form, Truth Is My Breath, Bliss Is My Food
My Life Is My Message, Expansion Is My Life
No Reason For Love, No Season For Love, No Birth, No Death
Prema Sathya Aananda, Dharma Shanti Ananda
Shirdi Sai, Sathya Sai, Prema Sai, Jai Jai
Shirdi Baba, Sathya Baba, Prema Baba, Jai Jai

Oh Loving Lord of All The Worlds, Let Me Be Your Devotee
Your Divine Light Is All I am, All I Can Ever Be
God Above Me, In And Of Me, All I Love Is Yours
Lord Above Me, In And Of Me, All I See Is Yours
Let Me Come Into Your Heart And Stay Forever More (Baba)

Om Sai Om Narayana Oh My Sweet Lord
Due To Some Good Karma Sai, I Have Come To Thee
Let The Vibhuti of Love Flow Sai, Between You And Me
Om Sai Om Narayana Oh My Sweet Lord
We Try To Be What You Want Us To Be, So Guide Us Merciful Lord
Work On Us, Be Kind To Us, Show Us The Right Path
Sai Baba Is Coming to Fill up Your Hearts
Fill up Your Hearts from His Ocean of Love
Sai Baba Is Coming to Fill up Your Hearts
Fill up Your Hearts and Quench Your Thirst for Love
Share it With Others It's the Miracle of Love
Fill up Your Hearts (3) from His Ocean of Love

We are Blessed, We are Blessed, We are Blessed
Sai Baba is watching over us
We are Here to Sing Your Sweet Name
Let the Light of Your Glory shine on us
Bless us All with Your Presence Gurudev
We are Blessed, We are Blessed, We are Blessed
No more tears, No more sorrow, No more death
Banish the darkness with Your Love
We are born in the Golden Age of Sai
We are Blessed, We are Blessed, We are Blessed

We sanctify the day the Lord is born within us
Glorifying God, we celebrate this day
We sanctify the day the Lord is born within us
No other day Lord, this is our new birth
No other way Lord, this is our true birth
Living a life of loving service
Glorifying God, we celebrate this day
## Bhagavan Jagadishvara Ki Arti

<table>
<thead>
<tr>
<th>English</th>
<th>Hindi</th>
<th>Sanskrit</th>
<th>Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Om jaya Jagdish hare</strong></td>
<td>अँ जय जगदीश हरे</td>
<td>स्वामी जय जगदीश हरे</td>
<td>Oh Lord of the whole Universe</td>
</tr>
<tr>
<td><strong>Swāmi jaya Jagadiśa hare</strong></td>
<td>स्वामी जय जगदीश हरे</td>
<td>स्वामी जय जगदीश हरे</td>
<td>Mighty Lord of the whole Universe</td>
</tr>
<tr>
<td><strong>Bhakta janom ke sankata</strong></td>
<td>भक्त जनों के संकट,</td>
<td>भक्त जनों के संकट,</td>
<td>The agonies of devotees</td>
</tr>
<tr>
<td><strong>Dāsa janom ke saṅkaṭa</strong></td>
<td>दास जनों के संकट,</td>
<td>दास जनों के संकट,</td>
<td>The sorrows of devotees</td>
</tr>
<tr>
<td><strong>Kshan me dūra kare</strong></td>
<td>क्षण में दूर करे,</td>
<td>क्षण में दूर करे,</td>
<td>In an instant, you make these go away</td>
</tr>
<tr>
<td><strong>Om jaya Jagdish hare</strong></td>
<td>अँ जय जगदीश हरे</td>
<td>स्वामी जय जगदीश हरे</td>
<td>Oh Lord of the whole Universe</td>
</tr>
<tr>
<td><strong>Jo dhyāve phala pave</strong></td>
<td>जो ध्यावे फल पावे,</td>
<td>स्वामी ध्यावे फल पावे,</td>
<td>He who's immersed in devotion</td>
</tr>
<tr>
<td><strong>Dukha bina se mana kā</strong></td>
<td>दुःख बिनसे मन का</td>
<td>स्वामी दुःख बिनसे मन का</td>
<td>With a mind without sadness</td>
</tr>
<tr>
<td><strong>Swami dukha bina se manakā</strong></td>
<td>स्वामी दुःख बिनसे मन का</td>
<td>स्वामी दुःख बिनसे मन का</td>
<td>Lord, with a mind without sadness</td>
</tr>
<tr>
<td><strong>Sukha sampati ghara āve</strong></td>
<td>सुख सम्पति घर आवे,</td>
<td>सुख सम्पति घर आवे,</td>
<td>Joy, prosperity enter the home</td>
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<td>Joy, prosperity enter the home</td>
</tr>
<tr>
<td><strong>Kasht mite tana kā</strong></td>
<td>कष्ट मिटे तन का</td>
<td>कष्ट मिटे तन का</td>
<td>A body free of problems</td>
</tr>
<tr>
<td><strong>Om jaya Jagdish hare</strong></td>
<td>अँ जय जगदीश हरे</td>
<td>स्वामी जय जगदीश हरे</td>
<td>Oh Lord of the whole Universe</td>
</tr>
<tr>
<td><strong>Mātā pitā tuma mere</strong></td>
<td>मात पिता तुम मेरे,</td>
<td>स्वामी पितामह तुम मेरे,</td>
<td>You are my Mother and Father</td>
</tr>
<tr>
<td><strong>Sharana kahu maiṃ kiski</strong></td>
<td>शरण कहूँ मैं किसकी</td>
<td>स्वामी शरण कहूँ मैं किसकी</td>
<td>Whom should I take refuge with</td>
</tr>
<tr>
<td><strong>Swāmi Sharaṇa kahu main kiski</strong></td>
<td>स्वामी शरणा कहूँ मैं किसकी</td>
<td>स्वामी शरणा कहूँ मैं किसकी</td>
<td>Lord, whom should I take refuge with</td>
</tr>
<tr>
<td><strong>Tuma bina aura na dūjā</strong></td>
<td>तुम बिन और न दूजा,</td>
<td>स्वामी तुम बिन और न दूजा,</td>
<td>Without you, there is no other</td>
</tr>
<tr>
<td><strong>Tuma bina aura na koi</strong></td>
<td>तुम बिन और न कोई,</td>
<td>स्वामी तुम बिन और न कोई,</td>
<td>Without you, there is no other</td>
</tr>
<tr>
<td><strong>Āśā karuṇ main jiski</strong></td>
<td>आशा करूँ मैं जिसकी</td>
<td>आशा करूँ मैं जिसकी</td>
<td>For whom I would wish</td>
</tr>
<tr>
<td><strong>Om jaya Jagadiśa hare</strong></td>
<td>अँ जय जगदीश हरे</td>
<td>स्वामी जय जगदीश हरे</td>
<td>Oh Lord of the whole Universe</td>
</tr>
<tr>
<td><strong>Tuma pūrṇa Paramātmā</strong></td>
<td>तुम पूरण परमात्मा,</td>
<td>स्वामी पूर्ण अंतर्यामी</td>
<td>You are the ancient great soul,</td>
</tr>
<tr>
<td><strong>Tuma Antarayāmi</strong></td>
<td>तुम अंतरयामी</td>
<td>स्वामी अंतरयामी</td>
<td>You are all-pervading</td>
</tr>
<tr>
<td><strong>Swāmi tuma Antarayāmi</strong></td>
<td>स्वामी तुम अंतरयामी</td>
<td>स्वामी तुम अंतरयामी</td>
<td>Lord, you are all-pervading</td>
</tr>
<tr>
<td><strong>Pāra Brahma Parameśwara</strong></td>
<td>पारभ्रम परमेश्वर,</td>
<td>पारभ्रम परमेश्वर,</td>
<td>Perfect, Absolute, Supreme God</td>
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<td>Perfect, Absolute, Supreme God</td>
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<tr>
<td><strong>Tuma sab ke swami</strong></td>
<td>तुम सब के स्वामी</td>
<td>तुम सब के स्वामी</td>
<td>You are the Lord of everything</td>
</tr>
<tr>
<td><strong>Om jaya Jagadiśa hare</strong></td>
<td>अँ जय जगदीश हरे</td>
<td>स्वामी जय जगदीश हरे</td>
<td>Oh Lord of the whole Universe</td>
</tr>
</tbody>
</table>
Tuma karuṇa ke sāgara
You are an ocean of mercy
तुम कर्णा के सागर,
You are the protector
Swāmi tuma pālana kartā
tvaṁ pālanaṁ kartā
Lord, you are the protector
Mai mūrakh khalakhāmi
I am a simpleton with wrong wishes,
मै मूरख हिलखारी
Mai sevaka tuma swami
I am a servant and you are the Lord
Kripā karo Bhartā
Oh Lord, Grant me your divine grace
Om jaya Jagadiśa hare
Oh Lord of the Universe

Tuma ho eka agochara
You are the one unseen
तुम हो एक अगोचर,
Of all living beings
Saba ke prānapati
tvaṁ prānapati
The Lord of all living beings
Swāmi saba ke prānapati
स्वामी सब के प्राणपति
Grant me a glimpse
Kisa vidhi milūṃ dayāmaya
किस विधि मिलूं दयामय
Grant me a glimpse
Kisa vidhi milūṃ kripamaya
किस विधि मिलूं कृपामया
Guide me along the path to thee,
Tuma ko maiṁ kumati
तुमने मैं रुमा
Oh Lord of the Universe
Om jaya Jagadiśa hare
Oh Lord of the Universe

Dīna bandhu dukha harata
Friend of the helpless and feeble
dīnabandhu dukhahartā
deinabandhu dukhahartā
Benevolent saviour of all
Tuma rakshak mere
Lord, benevolent saviour of all
tuma rakṣaka mēre
tuma rakṣaka mēre
Lift up your hand
Swāmi tuma rakshak mere
Apane hāth utṭhāo
Apane hāth utṭhāo
Offer me thy refuge
Apane śharaṇa badhao
Apane sharanā badhao
At thy feet
Dwāra paṛā hūn tere
Dwāra paṛā hūn tere
Oh Lord of the Universe
Om jaya Jagadiśa hare
Om jaya Jagadiśa hare

Vishaya vikāra miṭāo
Removing earthly desires
विषय विकार मिटाओ
defeating sin, Supreme Soul,
Pāpa haro Devā
Lord, defeating sin
पाप हरो देवा,
With all my faith and devotion
Swāmi pāpa haro Devā
Śrādhā bhakti baṛhāo
Śrādhā bhakti baṛhāo
Oh Lord, with all my devotion
Śrādhā bhakti baṛhāo
Śrādhā bhakti baṛhāo
In Eternal Service Unto Thee,
Santana ki sevā
Om jaya Jagadiśa hare
Om jaya Jagadiśa hare
Oh Lord of the Universe
Om jaya Jagdish hare
Swāmi jaya Jagadiśa hare
Bhakta janom ke sankata
Dāsa janom ke saṅkaṭa
Kshana mein dūra kare
Om jaya Jagdish hare

ॐ जय जगदीश हरे
स्वामी जय जगदीश हरे
भक्त जनों के संकट,
दास जनों के संकट,
क्षण में दूर करे,
ॐ जय जगदीश हरे

Oh Lord of the whole Universe
Mighty Lord of the whole Universe
The agonies of devotees
The sorrows of devotees
In an instant, you make these go away
Oh Lord of the whole Universe

**GANESH JI KI ARTI**

Jai ganesh, jai ganesh
Jai ganesh deva
Mata jaaki paarvati
Pitaa mahaadeva
Ek dant dayavant
Chaar bhujadhari
Maathe par tilak sohe
Moose ki savaari
Paan chaddhe, phool chaddhe
Aur chaddhe mevaa
Ladduan ko bhog lage
Sant kare seva
Andhe ko aankh det
Kodin ko kaayaa
Baanjhan ko putr det
Nirdhan ko maayaa
Soorashyaam sharan aae
Saphal kije seva
Mata jaaki paarvati
Pitaa mahaadeva

जय गणेश, जय गणेश
जय गणेश देवा
माता जाकी पार्वती
पिता महादेवा
एक दंत दयावंत
चार भुजाधारी
माथे पर तिलक सोहे
मूसे की सवारी
पान चड़ें, फूल चड़ें
और चड़ें मेवा
लड़ुआन को भोग लगे
संत करें सेव
अंधे को ऑँख देत
कोड़िन को काया
बाँझन को पुत्र देत
निर्धन को माया
सूरश्याम शारण आए
सफल कीजे सेवा
माता जाकी पार्वती
पिता महादेवा

Victory to you, victory to you
Victory to you, O Lord Ganesh Deva
You are born of Mother Parvati
and Lord Shiva is your father
You have a single tusk
You have four hands
You have a tilak on your forehead
You ride on a mouse
Devotees offer you paan, flowers
And they offer dry fruits
They offer sweets such as laddus
And saints give you their devotion
You bestow vision to the blind
And heal the leper
You bestow children to barren women
And wealth to the destitute
We pray to you day and night
Please bestow success on us
You are born of Mother Parvati
and Lord Shiva is your father
Victory to you, victory to you
Victory to you, O Lord Ganesh Deva
Twameva Mata Cha Pita Twameva  
Twameva Bandhuschasakha Twameva  
Twameva Vidya Dravinam Twameva  
Twameva Sarvam Mama Devadeva

Thou art my mother, thou art my father, thou art my friend and companion. Thou art my knowledge, thou art my wealth, thou art all-in-all, O God of Gods.

Om Saha Naavavatu, Saha Nau Bhunaktu  
Sahaveeryam Karavaavahi  
Tejasvinaavadheetamastu  
Maa Vidvishaavahi  
Om Shanti Shanti Shantihi

Om, may the Lord protect us, may he cause us to enjoy, may we exert together, may our studies be thorough and faithful, and may we never quarrel with each other.